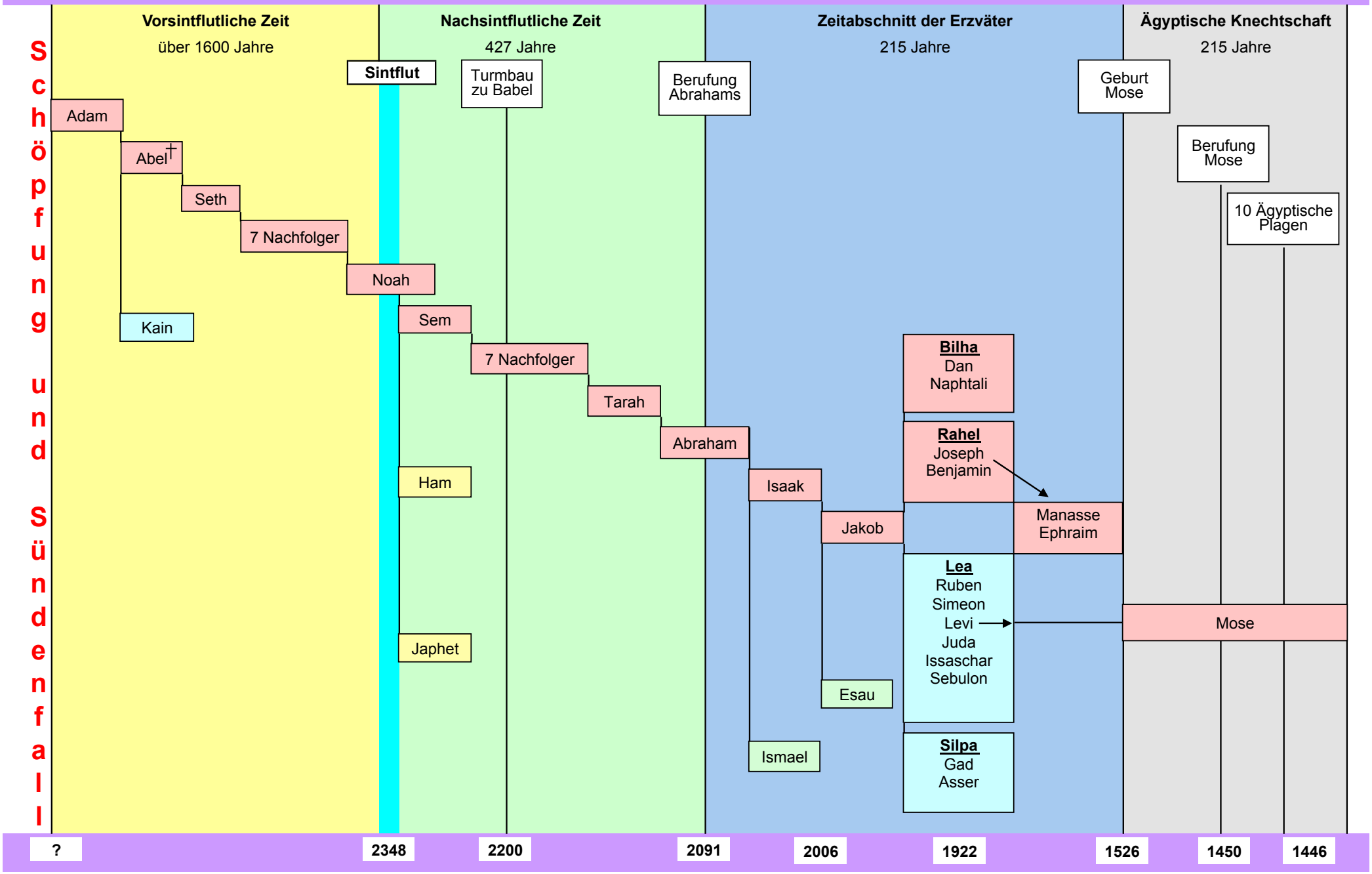A. Patriarchalisches Zeitalter